

Contacts

Please contact either your General Practitioner (GP); the Mater Adult Hospital Procedure Unit on **07 3163 8496**; or the Mater Adult Hospital Emergency Department on telephone **07 3163 8111**, IMMEDIATELY if you experience any of the following after discharge: chest pain; persistent bleeding or breathlessness which is not normal for; persistent fever or feeling unwell in any way.

Mater Adult Hospital

Mater Adult Hospital is one of Brisbane's leading health facilities for non-insured patients. It is built on a foundation of clinical excellence and a commitment to safe, compassionate care, that is:

- quality focussed
- technologically advanced
- customised to patients' needs and lifestyles.

Mater Adult Hospital provides a wide range of surgical, medical and cancer services to non-insured patients. It features a 24-hour emergency department, intensive and coronary care units, day surgery, day oncology, day respite and busy medical, cancer and surgical units.

The hospital's Division of Medicine offers specialist services in respiratory medicine, endocrinology, gastroenterology, nephrology, cardiology, infectious diseases, dermatology, rheumatology, general surgery and medicine.

Modern facilities accommodate inpatients, outpatients, and day-only patients. General surgery is complemented by recognised surgical expertise in women's health, orthopaedics, urology, ophthalmology, vascular surgery, oral/faciomaxillary surgery, colorectal surgery, plastic surgery, ear/nose and throat surgery and dermatology.

While in hospital, patients also have access to a range of allied health practitioners (dietitians, physiotherapists, etc.), pharmacy, hairdressing, and chaplaincy services.

For more information about Mater Adult Hospital please telephone **07 3163 8111**.

For your information

Date of Procedure:

Time of Arrival:

Nil Orally from:

It is important to note that your arrival time is NOT your procedure time. Your arrival time allows time for admission and appropriate preparation prior to your procedure. Once admitted, your nurse can give you an approximate time of your procedure. Please also be aware that there can be waiting times due to emergencies and unforeseen delays.

Mater Adult Hospital
Raymond Terrace, South Brisbane Qld 4101

Telephone: **07 3163 8111**

Acknowledgments

Staff at Mater Adult Hospital, Raymond Terrace, South Brisbane, Qld 4101

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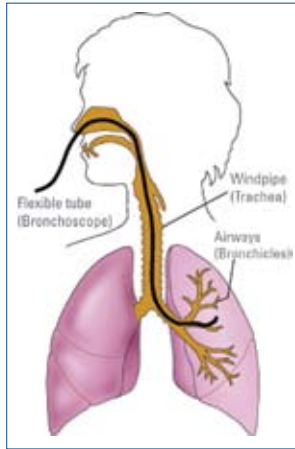


Bronchoscopy Patient Information

Exceptional People. Exceptional Care.

What is a bronchoscopy?

A bronchoscopy is an examination that allows your doctor to see inside your airway. The doctor uses a soft, thin bendable tube (bronchoscope) to look at the voice box and air tubes in the lung to find the cause of any lung problems you may have. Small samples of tissue and cells may be removed and sent for tests.



Prior to your procedure:

- Please confirm** your booking five days prior to procedure.

Phone: **07 3163 8183** (Monday to Friday between 8.30 am and 4 pm).

Date of procedure:

- Discuss** with your doctor which medications you will need to stop prior to your procedure (e.g. Aspirin, iron, diabetic medications, anti-inflammatory medications).

It is **important** that you mention **all** medications you take in case special precautions are required.

- Arrange for someone to take you home from hospital.** Please bring their contact details to hospital with you (we do not have waiting areas for friends and relatives in the unit). If you are catching a taxi please arrange someone to accompany you home. They will need to collect you from the Day Procedure Unit, Level 5, Mater Adult Hospital.

On the day of your procedure please bring your:

- Medicare Card
- **completed registration** form
- medications that you may need to take after your procedure (e.g aspirin, iron, diabetic medications, anti-inflammatory medications)
- X-rays or CT scans as your doctor may need them.

Please **do not bring** any valuables or wear any jewellery when you come to hospital.

On arrival to Mater Adult Hospital please **report** to the admissions desk on Level 5, Day Procedure Unit.

On your admission your nurse will explain the procedure fully to you and answer any of your questions and concerns. Before the procedure begins, you may be given a medication (via an injection in your vein) that will help you relax and reduce coughing and throat irritation.

Sometimes you will not remember having the bronchoscopy because of the sedative. Your nose and throat may be sprayed with local anaesthetic to make them numb. The bronchoscope will be passed through the mouth or nose down through the voice box into the air tubes in the lungs. More local anaesthetic will be used to numb your air tubes. The bronchoscope does not stop your normal breathing. You may cough but this normally settles once the local anaesthetic takes effect. Your procedure will take about 30 minutes to 1 hour.

After your procedure

After your procedure you will be observed for a minimum of two hours. The medication you have received will alter your awareness and slow down your responses. Your recovery time will depend on your response to the procedure. There will be a

nurse in attendance during this time. You will also be given oxygen for approximately two hours after your procedure.

- You should not eat or drink anything for two hours after the procedure because your throat muscles will still be numb.
- Your doctor may visit to discuss things with you after your procedure. However, if you are still feeling drowsy, your results will be discussed with you at your follow-up appointment.
- A follow-up appointment will be made prior to discharge and you will be given both a written and a verbal explanation of possible complications by the nursing staff.

What to expect after your bronchoscopy:

- a slight throat irritation
- a small amount of bleeding (this should cease within six hours)
- a slight fever for 24 hours after a bronchial lavage
- being unable to recall having the procedure.

What to avoid

For at least 24 hours after your procedure you should not:

- drive a car, motorcycle or ride a bicycle
- drink any alcohol
- make any decisions or sign important papers
- walk home
- use hazardous machinery including the stove
- engage in sports or heavy lifting for 48 hours
- travel alone by public transport (bus, train or plane).